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# **ENVIRONMENTAL** CLASSIFICATION OF PHARMACEUTICALS -

# PROSPECTS FOR IMPLEMENTATION TO **FINLAND?**

Sanja Karlsson University of Helsinki, UH EPIC-project final seminar, 17th of May 2019







- Increasing amount of pharmaceuticals end up in the environment (population growth, ageing population, urbanization)
- Most of the load comes from normal therapeutic use via excretion to wastewater as APIs and their metabolites
- Pharmaceuticals can have adverse environmental effects (e.g. antimicrobial resistance, endocrine disruptors, secondary poisoning)









- Growing demand for knowledge and for open data on the environmental characteristics (PBT) and risks that pharmaceuticals pose (EU strategic approach to pharmaceuticals in the environment)
- Classification needed in order to be able to make choices based on environmental aspects when possible (doctors (rec), pharmacists (OTC), consumers (OTC), public procurement)
- Currently we are lacking in tools to support sustainable decision making when choosing pharmaceuticals







- Knowledge and open data on the environmental effects of manufacturing (global challenge) as well as other stages of drug's life-cycle in order to assess the environmental impact of pharmaceutical <u>products</u>
- Education on pharmaceuticals in the environment (PiE) for health care professionals (Generation Green Initiative since 2015, to implement environmental aspects to pharmacy education at the University of Helsinki)





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# Approach (Background)



Swedish Environmental Classification of Pharmaceuticals (APIs)

### fass.se

- Voluntarily published environmental data of APIs from industry
- Published on fass.se website administered by Lif (Läkemedelsindustriföreningen)
- Classification based on risk assessment (PEC/PNEC)
- Also phrases on assessment of hazard: P (persistence), and B (bioaccumulation)
- Data utilized for national purposes in Norway
- Guidance by Lif for companies: <u>https://www.fass.se/pdf/Environmental\_classi</u> <u>fication\_of\_pharmaceuticals-120816.pdf</u>

janusinfo.se

- Environmental data of APIs from research and industry
- Published on janusinfo.se website targeted for health care professionals
- Classification based on index number (0-9) derived from PBT assessments
- Risk assessment from fass also presented



### Approach



### **EPIC project: Survey on prospects for implementation to Finland**

- Survey identified 4 possible approaches to implementation
  - Direct utilization of data on fass.se/felleskatalogen.no combined with a one-off calculation of risks in Finland -> 1st step?
  - 2. Creation of a similar classification as in Norway (based on data from fass but with risk assessment for Finland, published and updated on Finnish website) -> 2nd step?
  - Creation of our own National Finnish Environmental Classification System (could be based on wider range of data from various sources, could also include more diverse risk assessments) -> 3rd step?
    - Creation of "Nordic Environmental Classification System"



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Identified important characteristics for the classification system based on stakeholder consultations

- Open, reliable, comprehensive, research-based data
- Publically available
- Easy to use
- Different levels for different user groups
- Information in Finnish





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### **Benefits**



### **Environmental Classification System – implementation to Finland**

- New information on national environmental risks of pharmaceuticals
- Enable development of tools to be used in sustainable decision making, when possible, to drive the use of pharmaceuticals towards environmentally less harmful substances
- Increase knowledge on effects of PiE among health care professionals and public (publically available data in Finnish combined with suitable communications and education)
- Open data on environmental load, fate, risks and hazards of pharmaceuticals could also be used in research and wastewater management

### EPIC Collaboration

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Stakeholder consultations in EPIC-project on classification

- 3 Roundtable discussions were realized (February 2019) with:
  - Health care professionals (Association of Finnish Pharmacies and The Finnish Medical Society Duodecim)
  - Authorities (Finnish Medicines Agency Fimea and Ministry of the Environment)
  - Industry (Orion and Pharma Industry Finland)
- Interviews about the Swedish Environmental Classification of Pharmaceuticals in Stockholm (May 2017) with:
  - Lif (The research-based pharmaceutical industry), IVL (Swedish Environmental Research Institute)
  - SLL (Region Stockholm Assembly)

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## Collaboration

Next steps

- International: EU/Nordic collaboration?
- National: authorities, health care professionals, industry, researchers
- Collaboration between relevant stakeholders is important for developing and implementing a reliable, functional and well-suited environmental classification of pharmaceuticals in Finland
- Next steps: to evaluate the possible implementation approaches and find answers to open questions on costs, requirements for resources and know-how, and administrating organization(s).







- Vieno N., Karlsson S., Äystö L., Mehtonen J., Sikanen T., Kärkkäinen R., Yli-Kauhaluoma J. & Nystén T. 2019. Lääkeaineiden ympäristöluokittelu –raportti, Suomen ympäristökeskuksen raportteja. 19/2019
- COM(2019) 128 final, Communication from the Commission to the European Parliament, the Council and the European Economic and social Committee. European Union Strategic Approach to Pharmaceuticals in the Environment.
- <u>www.fass.se</u>
- www.janusinfo.se
- www.felleskatalogen.no



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Vantaanjoen ja Helsingin seudun vesiensuojeluyhdistys ry

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